

## **Fundamental of EAGALA Model Practice Part 2 Training Objectives and Agenda**

### **Mission:**

Part 2 builds skills, competence and professionalism in the practice of the EAGALA model.

### **Course Objectives:**

- Develop skills of EAGALA model application through role plays and feedback
- Self-Reflection and greater self-awareness
- Understand countertransference and its part in sessions
- Advanced understanding of the team approach and roles
- Maximizing use of the horses
- Confidence in safety and its part in EAGALA work
- Improve observation and processing skills
- Structure effective sessions
- Treatment planning and session progression
- Deliberateness in interventions
- Skills in evaluation of self and others in EAGALA model practice
- Firm foundation in EAGALA model and ethical practice

### **Pre-requisites:**

- Fundamentals of EAGALA Model Practice Part 1
- Bring completed Professional Statement to Part 2 training

### **Agenda** (8:30 am to 5:00 pm each day):

The Fundamentals of EAGALA Model Practice Part 2 training of the EAGALA certification process is designed to build on Part 1 and focus on the application of the EAGALA model. The training takes EAGALA Model skills to a deeper level. Part 2 involves giving and receiving feedback necessitating a willingness to look at oneself honestly and openly within an atmosphere of learning and improvement.

### **Day 1**

- I. Introductions, Agenda, Housekeeping, Collect Professional Statements
- II. Self-Reflection as a part of the Process – the ‘S.
- III. Activity 1 – Observation
- IV. Review SPUD and PEAK concepts
- V. Activity 2 – Difference activity – practice SPUD/PEAK
- VI. Activity 3 – Centered Leading (Focus and the Team)
- VII. Activity 4 – Tag Team treatment with role play client
- V. Closing – Summary and questions. Homework assignment – questions 2-6.

## **Day 2**

- I. Review Day 1
- II. Review therapeutic processing techniques – metaphor activity.
- III. Group pick client profile. Treatment team role plays working with client in progressive sessions.
- IV. Lunch activity – small group process discussing homework.
- V. Closing summary and questions. Homework assignment – questions 7-13.

## **Day 3**

- I. Finish day 2 work with client
- II. Lunch activity – small group process discussing homework.
- III. Group work
- IV. Review goals for training
  - A. Closing remarks
  - B. Certification process and mentoring